

# Maitland Pulmonary Function Laboratory

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**Medical Director**  
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Consultant Physician  
Respiratory & Sleep Medicine  
No. 279812BJ

## Test Request Form

**Patient Name:** \_\_\_\_\_ **D.O.B:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**REASON FOR REFERRAL:** \_\_\_\_\_

**TESTS REQUIRED:** Please tick boxes required (optional flow-volume loops assess upper airway dysfunction)

### Pulmonary function tests for screening or monitoring

- Spirometry with bronchodilator & gas transfer  Including lung volumes (plethysmography)  
 Include flow-volume loop with spirometry

- Maximal Respiratory Pressures to assess respiratory muscle strength (Mips/Meps)

### Tests for Asthma (assessments for corticosteroid sensitive inflammation) & Allergy

- Airway hyperresponsiveness (Mannitol)  Include flow-volume loops with spirometry  
 Exhaled nitric oxide  Skin prick tests to assess allergy to airborne allergens

**Referring Dr Name:** \_\_\_\_\_ **Provider No.** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## Instructions for specific tests

Version September 2018

**PLEASE STOP TAKING THE FOLLOWING MEDICATIONS BEFORE TESTING** (highlight where relevant for patient)

### Pulmonary function tests for screening or monitoring

*Short acting bronchodilators* (e.g., Ventolin, Asmol, Bricanyl)  
*Long acting bronchodilators* (e.g, Seretide, Serevent, Flutiform)  
*Ultra-long acting bronchodilators*  
(e.g., Onbrez, Spiolto, Ultibro, Anoro, Brimica, Breo, Trelegy)

WITHHOLD FOR 6 HOURS  
WITHHOLD FOR 12 HOURS  
WITHHOLD FOR 24 HOURS

### Tests for Asthma & Allergy

*Short acting bronchodilators* (e.g., Ventolin, Asmol, Bricanyl)  
*Long acting bronchodilators* (e.g, Seretide, Serevent, Flutiform)  
*Ultra-long acting bronchodilators* (e.g., Onbrez, Ultibro, Breo, Anoro)  
Oral non-steroid preventers (e.g., singulair or montelukast)  
Oral anti-histamines (e.g., Telfast, Zyrtec, Claratyne, Loratidine)  
*\*Longer times required for these drugs for asthma tests*

WITHHOLD FOR 6 HOURS  
WITHHOLD FOR 48 HOURS\*  
WITHHOLD FOR 72 HOURS\*  
WITHHOLD FOR 72 HOURS  
WITHHOLD FOR 7 DAYS

### ACCIDENTALLY OR NEED TO TAKE YOUR MEDICATIONS?

If you are attending for a Pulmonary function tests and cannot avoid taking the above medications or have taken these medications accidentally please still attend the appointment.

If you are attending for a Test for Asthma & Allergy and took medication accidentally prior to appointment please phone the laboratory before your appointment.

